

# Antiscarring effect of intraoperative bevacizumab in experimental glaucoma filtration surgery

## Efeito antifibrótico do uso intraoperatório de bevacizumab em cirurgia filtrante experimental

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**ABSTRACT | Purpose:** To determine the effects of bevacizumab and mitomycin C alone and in combination on intraocular pressure and the scarring process after modified glaucoma filtration surgery in rabbits. **Methods:** The rabbits underwent modified glaucoma filtration surgery and were allocated into three groups to receive intraoperative treatment with subconjunctival bevacizumab (group A), mitomycin C and subconjunctival bevacizumab (group B), or mitomycin C (group C). Intraocular pressure was measured immediately preoperatively and on postoperative days 8, 14, 17, 21, 26, and 30. The scarring process was assessed 30 days after surgery by tissue section using hematoxylin and eosin, Masson's trichrome, and picosirius. Expression of vascular endothelial growth factor (VEGF) was assessed by immunohistochemical analyses. All analyses were performed by a masked observer. **Results:** Animals in group A had higher intraocular pressure than those in groups B and C ( $p < 0.01$ ). Intraocular pressure did not differ significantly between groups B and C. The amount of fibrosis was similar with all stains used: group A had the highest level of fibrosis compared with groups B and C ( $p > 0.05$ ). There was less VEGF expression in group A than in groups B and C ( $p < 0.01$ ). Groups B and C did not differ in VEGF expression. **Conclusion:** Mean intraocular pressure and fibrosis were lower in animals receiving bevacizumab in combination with mitomycin C but did not differ

from values in animals receiving mitomycin C alone. Inhibition of VEGF was greater when bevacizumab was used alone than when bevacizumab was combined with mitomycin C.

**Keywords:** Bevacizumab; IOP; Glaucoma/surgery; Filtering surgery; Intraoperative period; Wound healing; Rabbits

**RESUMO | Objetivo:** Determinar os efeitos do bevacizumab, combinados ou não à mitomicina C (MMC), na pressão intraocular e processo cicatricial pós-cirurgia filtrante anti-glaucomatosa modificada em coelhos. **Métodos:** Os coelhos foram submetidos à cirurgia filtrante anti-glaucomatosa modificada e alocados em três grupos de acordo com o tratamento instituído - Grupo A: bevacizumab subconjuntival; Grupo B: bevacizumab subconjuntival e à mitomicina C; Grupo C: à mitomicina C. A pressão intraocular foi aferida no período pré-operatório imediato e nos dias 8, 14, 17, 21, 26 e 30. O processo cicatricial foi avaliado no trigésimo dia de pós-operatório por meio de análise histopatológica utilizando-se hematoxilina eosina, tricrômio de Masson e picosirius. A expressão do fator de crescimento do Endotélio Vascular (VEGF) foi avaliada por meio de análise imuno-histoquímica. Todas as análises foram feitas por um observador mascarado. **Resultados:** O Grupo A apresentou maior pressão intraocular que os grupos B e C ( $p < 0.01$ ). Não foram encontradas alterações significativas entre os grupos B e C. A quantidade de fibrose encontrada nos grupos foi similar com os 3 corantes utilizados: o Grupo A apresentou maior nível de fibrose em relação aos grupos B e C ( $p > 0,05$ ). Houve menor expressão de Fator de Crescimento do Endotélio Vascular no Grupo A em relação aos grupos B e C ( $p < 0,01$ ). Não houve diferença estatisticamente significativa na expressão de Fator de Crescimento do Endotélio Vascular entre os grupos B e C. **Conclusão:** O bevacizumab associado à MMC apresentou pressões intraoculares mais baixas e menos fibrose, mas estes não foram estatisticamente significantes quando comparados ao uso da mitomicina C isolada. Uma maior inibição do fator

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de crescimento do endotélio vascular foi encontrada quando o bevacizumab foi usado isoladamente, em detrimento do seu uso associado à mitomicina C.

**Descritores:** Bevacizumab; Mitomicina; Glaucoma/cirurgia; Cirurgia filtrante; Período intraoperatório; Cicatrização; Coelhos

## INTRODUCTION

Trabeculectomy is considered the gold standard surgical technique to enhance aqueous humor outflow through a filtering bleb, thus lowering intraocular pressure (IOP) in glaucoma. However, its success depends on wound healing modulation, which can be variable among patients. If postoperative conjunctival scarring is excessive, the created fistula tends to close and IOP rises again, leading to surgery failure<sup>(1)</sup>.

Many factors favor excessive conjunctival fibrosis and surgery failure. Among others, subclinical inflammation of the ocular surface due to topical hypotensive medication routinely used by patients with glaucoma has been related to an increased number of conjunctival inflammatory cells, mediators, and fibroblasts at the surgery site in trabeculectomy<sup>(2)</sup>.

Excessive fibrosis is responsible for surgery failure in most cases<sup>(3,4)</sup>. Antimetabolites such as 5-fluorouracil (5-FU) and mitomycin C (MMC) are widely used in glaucoma surgery to avoid excessive scarring and are associated with postoperative complications, such as transient hypotony or even sight-threatening conditions such as endophthalmitis<sup>(5-8)</sup>.

In spite of these complications, MMC is still considered the gold standard as adjunctive therapy in glaucoma filtration surgery (GFS), in part due to its ease of application and powerful antiproliferative effect and its superiority over 5-FU in achieving long-term lowering of IOP<sup>(9,10)</sup>.

The need for safer trabeculectomy has led to some modifications of the initial technique and even the use of shunts as a primary surgical option to manage glaucoma<sup>(11-13)</sup>. However, whenever a filtering bleb is created, the major challenge to the ophthalmologist remains wound healing modulation to avoid excessive scarring and surgery failure or insufficient scarring and related complications. This emphasizes the need for newer agents with a safer profile and proven efficacy in comparison with our current gold standard technique. Therefore, anti-vascular endothelial growth factor (VEGF) agents, such as bevacizumab, have been investigated in recent years<sup>(14-22)</sup>. Nevertheless, more details about the best

route of administration, doses, and the optimal time point in the healing process for the agent to be used are still warranted.

VEGF is a mitogen specific to vascular endothelial cells and is involved in the signal cascade that leads to fibroblast migration. Its effects can be suppressed by bevacizumab, a full-length humanized monoclonal antibody directed against all isoforms of VEGF A, which has been approved by the Food and Drug Administration for the treatment of metastatic colorectal and breast cancer<sup>(23)</sup>. It inhibits angiogenesis, an important part of the wound-healing process that is responsible for the supply of inflammatory cells, mitogenic cytokines such as fibroblast growth factor, oxygen, and nutrients that support the proliferative phase of wound healing. Previous studies have demonstrated that VEGF is increased in the aqueous humor of patients with non-neovascular glaucoma<sup>(18,24,25)</sup>. It has also been reported that high VEGF levels in Tenon tissue are linked to poor surgical outcomes in patients with glaucoma<sup>(25)</sup>. VEGF expression in fibroblasts and inflammatory cells tends to increase after surgical insult. It is involved in angiogenesis, inflammation, and fibrosis, and its suppression could possibly inhibit the excessive scarring that may occur after trabeculectomy<sup>(4,26)</sup>.

The inhibition of VEGF by bevacizumab could possibly enhance trabeculectomy outcomes, with a safer profile than MMC, as well as act as an adjunctive to this drug in the scarring process in GFS.

The aim of this study was to determine the effects of bevacizumab and MMC alone and in combination on IOP and the scarring process after modified GFS in rabbits.

## METHODS

This was a randomized, prospective, masked-observer study. Thirty New Zealand female rabbits, aged 12 to 14 weeks and weighing 2 to 3 kg, were acclimatized for 7 days and underwent modified GFS, an established, previously described model of glaucoma surgery that consists in making a scleral tract using a 22-gauge intravenous cannula (Insyte®; Becton Dickinson Ind. Cirurg., Juiz de Fora, MG, Brazil) until it reaches the anterior chamber, extending beyond the pupillary margin to avoid pupillary blockage of the tube. At this point, the cannula needle is removed, and the cannula is trimmed and beveled at its scleral end so that it protrudes 1 mm from the insertion point<sup>(27)</sup>. It is then fixed by a 10-0

nylon suture (Ethicon®; Johnson & Johnson, SP, Brazil). The experiment was performed in accordance with the ARVO Statement for the Use of Animals in Ophthalmic and Vision Research. Approval was granted by the institutional Research Ethics Committee in Animal Research.

### Treatment regimen

GFS was performed by a single surgeon on the right eye only. The surgeries were performed with the animals under general anesthesia by intramuscular injection of ketamine 50 mg/mL and xylazine 2%. The animals were randomly allocated into three groups according to the medications used during the surgery:

- Group A: Bevacizumab (Avastin®, Genentech, San Francisco, CA, USA). Subconjunctival injection using a 27-gauge needle (1.25-0.05 mL), adjacent to the site of the surgery at the end of the procedure.
- Group B: MMC (Mitocin®, Bristol-Myers Squibb, São Paulo, SP, Brazil) (0.2 mg/mL) soaked in a semilunar 8-mm diameter sponge (25.12 mm<sup>2</sup> area), placed between the Tenon capsule and sclera for 3 min, followed by continuous irrigation with 20 mL of balanced salt solution and subconjunctival injection of bevacizumab as described above.
- Group C: MMC application alone, as previously described.

### Postoperative regimen

Combined ciprofloxacin and dexamethasone ointment was instilled at the end of surgery and three times a day during the next 5 days of follow-up.

### IOP measurements

Baseline IOP measurements were performed using Tonopen Avia (Reichert NY, USA) in the immediate preoperative period and on postoperative days 8, 14, 17, 22, 27, and 30 under the same general anesthesia regimen. Ten readings were taken and averaged. All measurements were taken by a masked observer.

### Scarring assessment of scarring process

The rabbits were sacrificed 30 days after surgery by a lethal intravenous injection of pentobarbital. The eyes were enucleated, and the bleb area was cut under microscopic guidance by the surgeon. The specimens were fixed in 10% formaldehyde and embedded in paraffin before 5-mm sections were cut. Scarring was assessed by

hematoxylin and eosin, Masson's trichrome, and picrosirius staining of the bleb area, quantifying collagen deposition and fibrosis. The evaluation was masked and performed by an ocular pathologist, who determined the amount of collagen found in the sample as follows:

- Score 0: minimal or no fibrosis.
- Score 1: mild fibrosis.
- Score 2: moderate fibrosis.
- Score 3: severe fibrosis.

### Immunohistochemistry

VEGF expression was determined by semiquantitative immunohistochemistry according to the percentage of positive-staining subepithelial fibroblasts and the intensity of staining based on the Quick Score Method<sup>(28)</sup>. The evaluation was performed by a masked ocular pathologist.

The percentage of positive-staining cells was scored as follows:

- Score 1 (0%-25% of cells stained per section).
- Score 2 (25%-50% of cells stained per section).
- Score 3 (>50% of cells stained per section).

The intensity of staining was scored from 1 to 3 (weak, moderate, or intense staining).

### Statistical analysis

The IOP data were analyzed using analysis of variance (ANOVA) for repeated measures. Data on scarring and VEGF expression were analyzed by the Kruskal-Wallis ANOVA test.

## RESULTS

There was a statistically significant difference in IOP among the groups in the immediate preoperative period and on postoperative days 8, 14, 17, 22, 27, and 30. The bevacizumab-alone group had a higher IOP level than did the MMC-alone group and the bevacizumab plus MMC group ( $p < 0.01$ ). The bevacizumab plus MMC group had a lower IOP than did the MMC-alone group, but the difference was not statistically significant ( $p > 0.05$ , ANOVA for repeated measures) (Figure 1). With regard to the scarring process, the amount of fibrosis in the samples was similar for the three stains used (hematoxylin and eosin, Masson's trichrome, and picrosirius) (Figure 2). Group A had a higher level of fibrosis than did groups B and C ( $p < 0.05$ , Kruskal-Wallis ANOVA). Group B had more fibrosis than did group C, but the difference

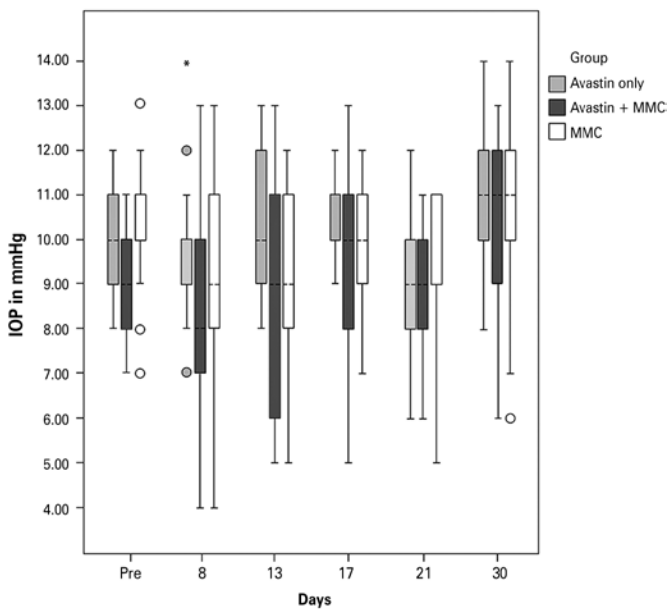


was not statistically significant. There was less VEGF expression in group A, as shown by the percentage of cells stained and the intensity of staining, compared with that in groups B and C ( $p < 0.0001$ , Kruskal-Wallis ANOVA). There was no difference in VEGF expression between groups B and C (Table 1). Examples of the immunohistochemical analyses are shown in figure 3.

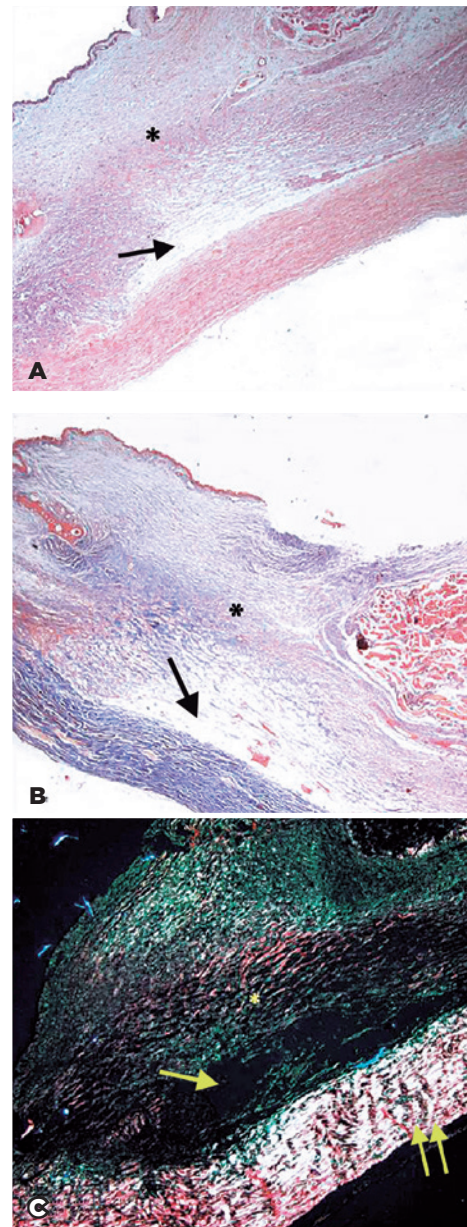
**DISCUSSION**

Suppression of VEGF by bevacizumab has been under investigation for wound healing modulation in experimental GFS<sup>(17-19)</sup>. However, the best dosage and route of administration of bevacizumab are still to be determined. We chose a single subconjunctival injection because there have been reports of increased bioavailability of bevacizumab with the use of this route<sup>(29,30)</sup>. The drug can be delivered by the transscleral route into intraocular tissues or clearance via conjunctival and lymphatic flow<sup>(30)</sup>. After a single subconjunctival injection, the bevacizumab level was maintained above IC<sub>50</sub> (half-maximum inhibitory concentration of bevacizumab) for 8.6 weeks in the retina/choroid and 8.4 weeks in the iris/ciliary body<sup>(29)</sup>. Nomoto et al. showed that the half-life of bevacizumab was longer after subconjunctival injection than after intravitreal injection. This might be explained by a scleral binding mechanism that could respond for

sustained release of the drug<sup>(29)</sup>. Other reasons that we chose one single subconjunctival injection at the time of surgery as the route of administration were that it is less invasive than intravitreal injections and the drug would be directly applied to the target site, the subconjunctival space and the surrounding area that suffered the surgical insult. Nevertheless, when this route is



**Figure 1.** Intraocular pressure (IOP) fluctuation during follow-up showing central tendency and dispersion data in the three groups: bevacizumab only, bevacizumab and mitomycin C (MMC), and MMC only.



→ (filtering bleb), \* (fibrosis), ⇒ (sclera).

**Figure 2.** Presence of a filtering bleb with moderate fibrosis shown by hematoxylin and eosin, Masson's trichrome, and picrosirius stains of the same sample.

used, bevacizumab is likely to have a faster clearance. The conjunctival blood vessels do not have a tight junction barrier, so that bevacizumab can enter the blood circulation by pinocytosis and/or convective transport through paracellular pores in the vascular endothelial layer, as previously noted<sup>(29)</sup>. Clearance can be minimized by a possible scleral depot binding of the drug and the relatively high permeability of the sclera to IgG antibodies<sup>(30)</sup>. Li et al., on the contrary, suggested that VEGF can be partially suppressed for up to 6 days by a single subconjunctival injection of bevacizumab<sup>(18)</sup>.

We found a statistically significant difference in IOP among the three groups during follow-up. IOP was higher when bevacizumab was used alone than when MMC was used alone or in combination with bevacizumab; this difference was possibly related to the higher level of fibrosis in the bevacizumab-alone group. These findings agree with those of Li and coworkers, who also reported no improvement in IOP at any time point after experimental GFS with the use of bevacizumab, in spite of significant inhibition of angiogenesis and fibrosis, as well as improvement in the bleb area<sup>(18)</sup>.

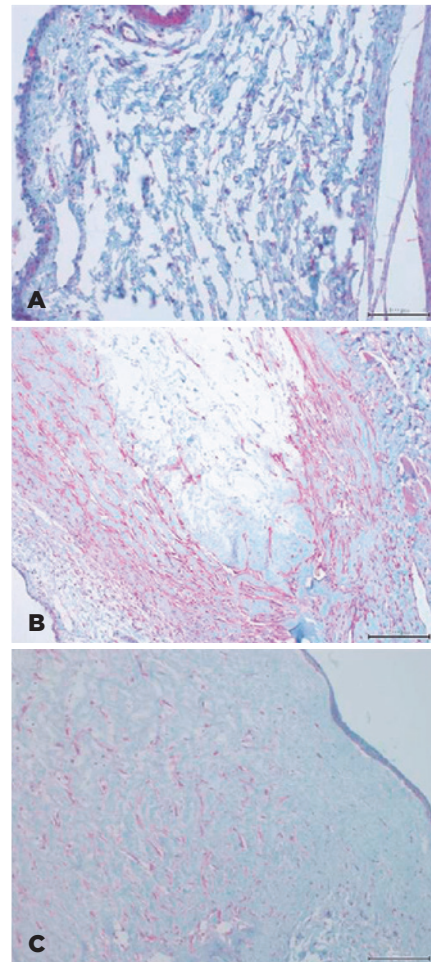
**Table 1.** Descriptive statistics for analysis of fibrosis and VEGF expression among the three groups and evaluation of differences (results are given in an arbitrary ordinal scale)

Analysis	Group	Median	Min	Max	p*
VEGF: intensity of staining <sup>†</sup>	Bevacizumab	2.0	1.0	2.0	
	Bevacizumab + MMC	3.0	2.0	3.0	
	MMC	3.0	3.0	3.0	<0.001
VEGF: percentage of cells stained <sup>‡</sup>	Bevacizumab	2.0	1.0	2.0	
	Bevacizumab + MMC	3.0	2.0	3.0	
	MMC	3.0	2.0	3.0	<0.001
Picrosirius <sup>§</sup>	Bevacizumab	1.5	1.0	3.0	
	Bevacizumab + MMC	2.0	1.0	3.0	
	MMC	2.0	1.0	3.0	0.235
Masson <sup>§</sup>	Bevacizumab	2.0	1.0	3.0	
	Bevacizumab + MMC	2.0	2.0	3.0	
	MMC	2.0	1.0	3.0	0.234

\*= independent samples Kruskal-Wallis test.; †= classification by intensity of staining; 1, negative or weak staining; 2, moderate positive staining; 3, strong positive staining; ‡= classification by percentage of cells stained: 1, 0%-25% of subepithelial fibroblasts positive; 2, 25%-50% of subepithelial fibroblasts positive; 3, >50% of subepithelial fibroblasts positive; §= Grade of fibrosis: 1, low; 2, moderate; 3, severe. MMC= mitomycin C; VEGF= vascular endothelial growth factor.

Studies in humans conducted after our study, using a similar approach, showed that, as well as being safe and effective in controlling IOP, bevacizumab subconjunctival injection showed less prominent effect than did MMC<sup>(20,21)</sup>.

On the other hand, Sengupta et al., in a pilot study in humans, performed three sequential bevacizumab subconjunctival injections at distinct time points during and after single- phacotrabeculectomy (immediately preoperatively and postoperatively and on postoperative day 7). The short-term outcomes suggest that sequential subconjunctival injections are equally effective in reducing IOP as MMC<sup>(22)</sup>.



**Figure 3.** Photomicrographs of immunohistochemistry showing, from left to right: A) Few fibroblasts weakly positive for vascular endothelial growth factor (VEGF, 200x). B) Fibroblasts strongly positive for VEGF (VEGF, 100x). C) Fibroblasts moderately positive for VEGF (VEGF, 100x).

We found a higher level of fibrosis when intraoperative bevacizumab was used alone, compared with its combined use with MMC and even MMC alone. Although previous studies have shown the potent antifibrotic activity of bevacizumab when used alone and combined with 5-FU in the same type of experimental GFS, bevacizumab was administered at the end of surgery and weekly for 3 weeks, or even for 7 weeks, and its action was not compared with that of the most potent antiproliferative drug used in trabeculectomy, i.e., MMC<sup>(17-19)</sup>. Such aggressive and costly treatment has to be considered to obtain higher levels of VEGF inhibition<sup>(19)</sup>.

An additional antiscarring effect of bevacizumab used in combination with MMC was not observed in our study, in agreement with the results of Kiddee et al. in a recent prospective placebo trial, in which a single subconjunctival injection of bevacizumab did not appear to have an additive benefit on outcomes of trabeculectomy with the use of MMC in humans<sup>(31)</sup>.

Paula et al. showed that even small amounts of bevacizumab could lower the proportion of VEGF-expressing fibroblasts in a rabbit model<sup>(32)</sup>. We also were able to demonstrate by immunohistochemical analyses that VEGF expression was lower in the bevacizumab-alone group, as evident from both the percentage of cells stained and the intensity of staining. Interestingly, however, there was no statistically significant difference in VEGF expression between the groups receiving MMC alone and in combination with bevacizumab. VEGF suppression in the bevacizumab plus MMC group was not evident, suggesting a possible interaction between these drugs when used concomitantly at the same site, as well as a lack of benefit from using intraoperative subconjunctival bevacizumab as an adjunct drug with MMC in trabeculectomy.

Bevacizumab alone was not as effective at modulation of the scarring process after trabeculectomy as was bevacizumab combined with MMC or even MMC alone. Use of the two drugs combined was associated with lower mean IOP and less fibrosis, but these effects did not significantly differ from those with the use of MMC alone. Higher inhibition of VEGF was found when bevacizumab was used alone, but such anti-VEGF action was not evident when bevacizumab was combined with MMC. This result is in accordance with previous studies in humans that could not demonstrate an additional beneficial effect of bevacizumab when it was combined with MMC in trabeculectomy, and even in postoperative needling, and reoperations<sup>(31,33,34)</sup>.

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