Liver abscess and endogenous endophthalmitis secondary to *Klebsiella variicola* in a patient with diabetes: first reported case

Abcesso hepático e endoftalmite endógena secundária a *Klebsiella variicola* em um paciente com diabetes: primeiro caso relatado

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Dear editor,

Endogenous endophthalmitis is a rare infection, representing 2%-16% of endophthalmitis cases. It arises from bacteremic seeding of the eye due to other infections such as endocarditis or liver abscess caused by common pathogens such as those in western countries including *Staphylococcus aureus* (25%), *Streptococcus* (30%-50%), and *Escherichia coli* (30%) (1).

Cases of endogenous endophthalmitis caused by *Klebsiella variicola* have not been previously reported.

We present the case of a 55-year-old female with type II insulin-dependent diabetes mellitus and with no relevant ophthalmological history. The patient presented to our emergency department with a sudden painful red eye and a decrease in vision in the right eye (RE) for 24 hours. She also complained of abdominal pain and a high fever. The recorded best-corrected visual acuity (BCVA) in the RE was hand motion (HM), and applanation tonometry revealed an intraocular pressure (IOP) of 60 mmHg. We found 4+ anterior chamber cells, exudative plaque covering the pupil (Figure 1A), and vitreous haze in the anterior segment examination. Although fundus was not visible due to pupillary exudates, B-scan ultrasonography revealed multiple vitreous opacities. We found no obvious abnormality in the left eye.

After making a provisional diagnosis of acute infectious endophthalmitis, we had the patient undergo aqueous and vitreous taps for culture, as well as intravitreal injection of antibiotics (10 mg/ml vancomycin and 20 mg/ml cefotaxime). We also had her started on 50 mg/ml fortified vancomycin and 100 mg/ml cefazidime on an hourly basis.

The blood count results revealed mild leukocytosis. Abdominal computerized tomography (CT) scan results showed a heterogeneous, hypodense, hypovascular liver lesion, suggesting liver abscess (Figure 1B). Because of this possibility, general surgeons performed ultrasound-guided percutaneous drainage of the liver lesion after empirical antibiotic therapy with ampicillin, sulbactam, and metronidazole. Abscess and blood cultures, as well as aqueous and vitreous fluids, revealed the presence of gram-negative bacilli (Figure 1D), later identified as *K. variicola* using matrix-assisted laser desorption/ionization-time of flight mass spectrometry (MALDI-TOF MS). *K. variicola* was susceptible to cefotaxime and ceftazidime but was resistant to ertapenem, meropenem, and imipenem. The patient was admitted to a critical care unit because of septic shock. Because of panophthalmitis with pus in the anterior chamber and a dense fibrin plaque over the pupil with no fundal details or visible red reflex (Figure 1C), we administered one more intravitreal injection of 10 mg/ml vancomycin and 20 mg/ml cefotaxime in the RE. The fibrin clot in her anterior chamber pro-
gressively resolved while the inflammatory material in the vitreous cavity became organized. However, at the end of a 12-month follow-up, the recorded BCVA was HM, and tonometry showed an IOP of 16mmHg with no signs of active intraocular inflammation.

Infections from *K. variicola*, an opportunistic gram-negative, facultative anaerobic, and nonmotile bacillus, and *Klebsiella pneumoniae* lead to bloodstream, respiratory tract, and urinary tract infections. In addition, *K. variicola* has been linked to infections in individuals with comorbidities, such as alcoholism, cancer, diabetes mellitus (as in this case), hepatobiliary diseases, and solid organ transplantation. A previous study on 139 bloodstream infections reported that *K. variicola* infection had the highest mortality rate. In addition, a recent study on an outbreak of neonatal sepsis found a significant mortality rate attributed to *K. variicola*.

Endogenous endophthalmitis occurs when organisms infect the eye via the bloodstream and infiltrate the blood-ocular barrier into the internal ocular spaces. These cases are deemed medical emergencies as treatment delays may result in permanent loss of vision. In addition, outcomes are worsened by several factors: delay in diagnosis, use of inappropriate antibiotics, diffuse infection of the vitreous and retina or panophthalmitis, poor vision at presentation, and infection with virulent organisms or gram-negative bacteria.

In conclusion, we report the first case of *K. variicola* infection that led to endogenous endophthalmitis. This species should be included in the list of microorganisms responsible for acute endogenous endophthalmitis. Clinicians must consider the overlap between ocular and systemic disease. Prompt diagnosis and treatment are essential to preserve vision; therefore, a high level of awareness of this disease is needed to prevent devastating consequences.

REFERENCES

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